

SAILING INSTRUCTIONS

Youth State Keelboat Championships

Sunday, 17th March 2019 • Hosted by the Royal Freshwater Bay Yacht Club



ABBREVIATIONS

PC – protest committee	RC – race committee
OA – organising authority	RRS – racing rules of sailing
SI – sailing instructions	NoR – notice of race

The Organising Authority is Swan River sailing in conjunction with Royal Freshwater Bay Yacht Club

1. RULES

As per NoR 1.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Notice Board located in the main hallway at the Royal Freshwater Bay Yacht Club.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted at least one hour before the scheduled start time on the day it will take effect and signed by the RC.
- 3.2 Any change in the Sailing Instructions issued on the water will be signalled by the display L flag from the committee boat accompanied by one sound signal. A member of the PC may communicate these either verbally or in writing.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flag mast in front of the Royal Freshwater Bay Yacht Club.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When flag Y is displayed ashore, rule 40 applies at all times while afloat. This changes Part 4 preamble.

5. SCHEDULE OF RACES

- 5.1 A competitors briefing will be held in front of the main club house at 0800hrs on Sunday 17th March 2019.
- 5.2 The scheduled time of the warning signal for the first race shall be 0845hrs.
- 5.3 As many races as possible will be sailed in the time available.
- 5.4 Each subsequent race will be started as soon as practicable after the previous race.
- 5.5 No warning signal will be made after approximately 1215hrs on Sunday 17th March 2019.

6. BOATS AND SAILS

- 6.1 The sails to be used will be allocated by the OA. It is the skipper's responsibility to ensure that the sails aboard the boat or in the sail bags provided are a complete set.
- 6.2 The sail combination to be used will be signalled from the RC boat at least 5 minutes before the warning signal. No sound signal is required. The signals shall have the following meanings.



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Signal	Sail Combination to be used
None	Genoa + full mainsail + spinnaker
Flag K 	Jib + full mainsail + spinnaker
Flag R 	Jib + reefed mainsail + spinnaker
Flag Z 	Jib + reefed mainsail + no spinnaker

- 6.3 Additional VB chord, shock chord, tape and personal "ditty bag" (containing tools, sail repair items and wool) may be brought aboard. Any cord and tape placed on the boat shall be removed at completion of the regatta.
- 6.4 Cable ties shall not be used to secure jib sheets to the headsail, the outhaul shall not be attached to the mainsail reefing point and tweakers shall not be tied to winch handle pockets.
- 6.5 The boats and standing rigging shall not be modified in any way, other than by the use of the backstay tackle, and no additional equipment may be used to facilitate sailing of the boats.
- 6.6 Boom vang tackle shall not be modified and vang sheeting is not permitted.
- 6.7 The penalty for infringement of SI 6.4, 6.5 and 6.6 shall be at the discretion of the PC.
- 6.8 Other restrictions or instructions may be given to the boats verbally by a member of the PC. The L flag is not required.
- 6.9 All yachts are equipped to Australian Maritime Safety Authority safety requirements. No equipment shall be taken off the boats.

7. IDENTIFICATION AND ASSIGNMENT OF BOATS

Boats will be identified by a black number on the bow and transom of each boat and a mainsail banner provided by the OA.

8. CREW (INCLUDING SKIPPER)

- 8.1 The total number of crew (including the skipper) shall be no more than 7, excluding the club coach or observer. The nominated number of crew shall be on board for all races.
- 8.2 All crew members shall be 23 years of age or under as at 31st December 2019.
- 8.3 A club provided coach or **observer** shall be on board at all times.
- 8.4 After the warning signal for a race, the registered skipper shall not leave the helm, except in an emergency.
- 8.5 When a registered skipper is unable to continue in the event the RC may authorise for an original crew member to substitute and a new crew member to replace the original crew.

9. CLUB COACH

- 9.1 **The club provided coach or observer is restricted to an observer during racing.** Input from the coach may only be given during practice and between races, except in an emergency or potential boat contact.
- 9.2 The penalty for failure to comply with SI 9.1 will be at the discretion of the PC after consultation with the OA representative.

10. RACING AREAS

The racing area will be Freshwater Bay, Swan River, Perth.



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11. THE COURSE

11.1 Course Configuration (not to scale)

Mark W and the separator mark, Wa, shall be rounded to port. At the leeward gate, boats shall sail between Mark S and P from the direction of Mark W and round either Mark S to starboard or Mark P to port, as shown below.

In the event that Mark S or P is missing or significantly out of position, boats shall round the remaining leeward mark to port.

11.2 Course signals and course to be sailed

Course signals will be displayed on the RC boat on a black board with yellow lettering at or before the warning signal.

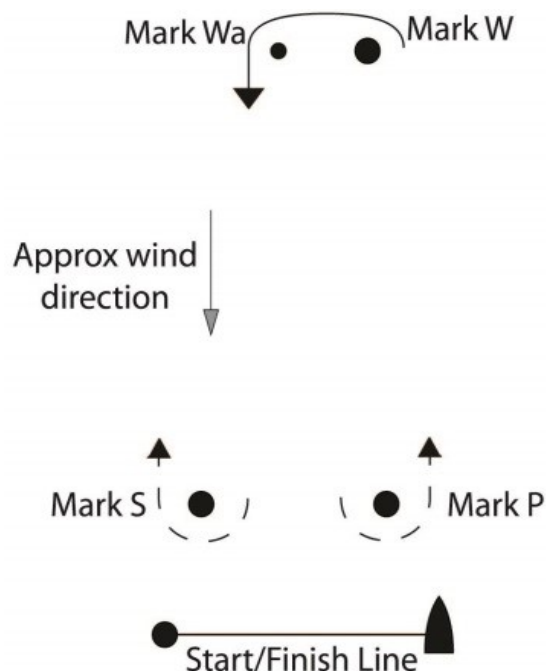
Signal Course

"C1" Start – W – Wa – Finish

"C2" Start – W – Wa – S or P – W – Wa – Finish

11.3 Description of Marks

- Marks W, Wa, S and P will be yellow inflatable buoys.
- The change of course mark will be a yellow with red stripe inflatable buoy.



12. THE START

12.1 Starting signals will be made in accordance with RRS 26.

12.2 The starting line will be between the flag mast displaying an orange flag on the RC boat and the course side of a black and white chequered buoy. A buoy may be attached to the RC boat stern. Boats shall not pass between this buoy and the RC boat at any time.

13. CHANGE OF NEXT LEG OF THE COURSE

RRS Rule 33 is modified such that a repeated sound signal and Flag C indicating a change of course will be the only signals made at the start of the new leg.

14. THE FINISH

The finishing line will be between a black and white chequered buoy at the starboard end and the flag mast displaying an orange flag on the RC boat at the port end.

15. PENALTY LIMITATION

Penalties on a downwind leg shall be taken as soon after the incident as possible, but not before the spinnaker head is below the main-boom gooseneck. The spinnaker may not be re-hoisted until the penalty is completed.

16. TIME LIMIT

16.1 The target time limit for a race will be 30minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62

16.2 Boats failing to finish within 5 minutes of the first boat finishing will be scored Did Not Finish. This changes RRS 35 and A4.

17. PROTESTS AND ON WATER HEARINGS

Protests will be conducted in accordance with the Appendix A contained in the Notice of Race and SIs.



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18. SCORING

- 18.1 One race is required to constitute a series.
- 18.2 When 4 or less races have been completed, a boat's series score will be the total of her race scores.
- 18.3 When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

19. BREAKDOWN AND TIME FOR REPAIRS

- 19.1 Before the warning signal of a race, or within two minutes of finishing, whichever is later, a boat may display a green flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed *as quickly as possible* to the starboard side of the RC boat and remain there, unless otherwise directed.
- 19.2 The time allowed for repair, if any, shall be at the sole discretion of the RC.
- 19.3 After the warning signal, a race will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 19.1.
- 19.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns identified after the warning signal shall not be grounds for redress. This changes RRS 62.

20. DAMAGE and DAMAGE REPORTS

- 20.1 Each skipper is responsible for any damage or loss to their boat unless responsibility is otherwise assigned by the PC.
- 20.2 Each skipper is required to submit a Damage Report Form at the completion of the days sailing. If no damage is sustained, a report indicating "Nil Damage" should be submitted. Forms will be available from the Swan River Sailing office or a representative at the end of racing for the day.

21. HAUL OUT & HULL CLEANING

After the boat draw, boats shall not be hauled out nor underwater surfaces cleaned without written permission from Swan River Sailing.

22. RADIO COMMUNICATION

- 22.1 Communication between the boats, RC and Umpires is allowed on VHF 71
- 22.2 No other radio communications (including mobile phones) are permitted. This restriction also applies to onboard coaches.

23. PRIZES

Prizes will be awarded as advised in the notice of race.

24. DISCLAIMER

All those taking part in this event do so at their own risk and responsibility.

Swan River Sailing, Royal Freshwater Bay Yacht Club and any other associated sponsor disclaims any and every responsibility for loss, damage, injury or inconvenience that might occur to persons and things both ashore and at sea, as a consequence of participation in any way in this event. Attention is drawn to RRS Part 1, Fundamental Rules, in particular, RRS 4 which states that: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."



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A1 CHANGES TO THE RACING RULES

A1.1 Changes to the Definitions and the Rules of Part 2

- (a) The definition *Finish* is changed to
 - A boat *finishes* when any part of her hull, or crew or equipment in normal position, crosses the finishing line in the direction of the course from the last *mark*, either for the first time or after completing any penalties or, under rule 28.1, after correcting an error made at the finishing line.
- (b) When rule 20.1 applies, the following arm signals are required in addition to the hails:
 - (1) for 'Room to tack', repeatedly and clearly pointing to windward; and
 - (2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

A1.2 Changes to Rules Involving Protests and Exoneration

- (a) In rule 60.3(a)(1) 'serious' is deleted.
- (b) The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted.
- (c) A boat that, while *racing*, may have broken a rule of Part 2 (except rule 14 when she has caused damage or injury) may take a One-Turn Penalty under rule 44.

A2 PROTESTS BY BOATS

When a boat protests under a rule of Part 2 or under rule 31 or 42 for an incident in the racing area, she is not entitled to a hearing and the following applies:

- (a) She shall hail 'Protest' and conspicuously display a "Y" (yankee[AF1] flag) at the first reasonable opportunity for each.
- (b) The boats shall be given time to respond. A boat involved in the incident may respond by promptly taking an appropriate penalty or clearly indicating that she will do so as soon as possible.
- (c) If no boat takes a penalty, an umpire shall decide whether to penalize any boat.
- (d) If more than one boat broke a rule and was not exonerated, an umpire may penalize any boat that broke a rule and did not take an appropriate penalty.
- (e) An umpire shall signal a decision in compliance with rule A3.
- (f) a boat penalized by an umpire shall take a Two-Turns Penalty.

A3 SIGNALS BY UMPIRES

A3.1 An umpire shall signal a decision as follows:

- (a) A green and white flag with one long sound means 'No penalty.'
- (b) A red flag with one long sound means 'The identified boat is penalized.'
- (c) A black flag with one long sound means 'The identified boat is disqualified.'

A3.2 A boat penalized under rule A3.1(b) shall promptly take a Two-Turns Penalty under rule 44. A boat disqualified under rule A3.1(c) shall promptly leave the course area.



A4 PENALTIES INITIATED BY UMPIRES

A4.1 Rule Changes

Rule 64.1(c) is changed so that the provision for exonerating a boat may be applied by the umpires without a hearing, and it takes precedence over any conflicting rule of this appendix.

A4.2 When a boat

- (a) breaks rule 31 or 42 and does not take a penalty,
- (b) gains an advantage despite taking a penalty,
- (c) breaks rule 2, or
- (d) fails to comply with rule 44.2 when required by an umpire,

an umpire may penalize her without a *protest* by another boat. The umpire may impose a penalty of one or more turns, each including one tack and one gybe, signalled by displaying a red flag and hailing the boat accordingly, or penalize her under rule A3.1(c) or report the incident to the protest committee for further action.

A4.3 If the umpires decide that a boat may have broken a *rule* other than those listed in rules A2 and A4.2, they shall so inform the protest committee for its action under rule 60.3.

A5 REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS

A5.1 A boat intending to request redress because of circumstances that arise before she *finishes* or retires shall clearly display a red flag as soon as possible after she becomes aware of those circumstances, but not later than two minutes after *finishing* or retiring. She shall keep the flag displayed until she has informed the umpires after *finishing* or retiring.

A5.2 There shall be no request for redress or an appeal from a decision made under the rules of this appendix. In rule 66 the third sentence is changed to 'A *party* to the hearing may not ask for a reopening.'

A5.3 A competitor may not base a request for redress on a claim that an action by an official boat was improper. The protest committee may decide to consider giving redress in such circumstances but only if it believes that an official boat, including an umpire boat, may have seriously interfered with a competing boat.

A5.4 No proceedings of any kind may be taken in relation to any action or non-action by the umpires, except as permitted in rule A5.3.

A5.5 (a) *Protests* and requests for redress need not be in writing.

- (b) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.
- (c) If the protest committee decides that a breach of a *rule* has had no significant effect on the outcome of the race, it may impose a penalty or make any other arrangement it decides is fair for all boats affected, which may be to impose no penalty.

A5.6 Neither the race committee nor the protest committee shall protest a boat for breaking a rule listed in rule A2, except rule 14 when there is damage or injury.



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